

Adult Student College Guide

Going Back to College as an Adult?

Use this self-assessment to think through your goals, responsibilities, and college options.

Before You Apply

- ☐ I know why I want to go back to school.
- ☐ I know what career I want to pursue, or I am ready to explore career options.
- ☐ I have explored programs that fit my goals.
- ☐ I have considered how school will fit into my work and family responsibilities.

Choosing a Program

- ☐ The program offers the credential or degree I need.
- ☐ I know how long the program will take.
- ☐ I know the admission requirements.
- ☐ I know the estimated cost.
- ☐ I have researched available financial aid.
- ☐ I have considered location, transportation, and class schedules.
- ☐ I know whether online, evening, or weekend classes are available.

Using Previous Experience

- ☐ I know whether I have previous college credits.
- ☐ I have gathered information about colleges I previously attended.
- ☐ I have asked whether transfer credits can be evaluated.
- ☐ I have asked whether prior learning or work experience may be considered, when applicable.

Preparing for Success

- ☐ I have a plan for transportation.
- ☐ I have a plan for childcare or family responsibilities, if needed.
- ☐ I have enough time available for studying.
- ☐ I know what academic support is available.
- ☐ I have created a financial plan.

My Notes

Need help planning your return to college? Schedule a free College & Career Advising appointment.

College Connections • Manhattan Educational Opportunity Center (MEOC)
www.meoccollegconnections.org